

Monday 월요일	Tuesday 화요일	Thursday 목요일	Friday 금요일
1	2	4	5
8	9	11	12
<b>Bingo/빙고 10:15-11:15am</b> <b>Yoga /요가 3:00-4:00pm</b>	<b>SAIL /근력운동 10:00-11:00am</b> <b>Cooking/요리 11:00-12:00pm</b>	<b>Art / 미술 1:30-2:30pm</b> <b>Choir/노래교실 2:50-3:50pm</b>	<b>Bingo/빙고 10:15-11:15am</b>
15	16	18	19
<b>NO CLASS</b> 마틴루터킹 데이로 수업이 없습니다	<b>SAIL/근력운동 10:00-11:00am</b> <b>Cooking/요리 11:00-12:00pm</b>	<b>Art / 미술 1:30-2:30pm</b> <b>Choir/노래교실 2:50-3:50pm</b>	<b>Bingo/빙고 10:15-11:15am</b> <b>LineDance 2:00-3:00pm</b>
22	23	25	26
<b>Bingo/빙고 10:15-11:15am</b> <b>Yoga /요가 3:00-4:00pm</b>	<b>SAIL/근력운동 10:00-11:00am</b> <b>Cooking/참여수업요리 11:00-1:00pm</b> <b>Games/인지향상 1:00-2:00pm</b>	<b>Art / 미술 1:30-2:30pm</b> <b>Choir/노래교실 2:50-3:50pm</b>	<b>Bingo/빙고 10:15-11:15am</b> <b>LineDance 2:00-3:00pm</b>
29	30		
<b>Bingo/빙고 10:15-11:15am</b> <b>Yoga /요가 3:00-4:00pm</b>	<b>SAIL/근력운동 10:00-11:00am</b> <b>Cooking/요리 11:00-12:00pm</b>		